

We are now offering Competition Management Training (CMT) for clubs and regions.

This training has been designed to:

- Give guidance to anyone who hasn't run a competition before
- Be a refresher for those who have
- Encourage more competition
- Ensure that the rules and principles of Special Olympics are applied at all competitions
- Ensure a consistent standard of competition across all sports
- Be a part of the general commitment to volunteer training and development.

As a result, the training is a full day course but is broken down in to four main sections:

1) The Principles of Competition

This looks at the reasons why we run competitions, what purpose they have and why they are important. We then move on to look at the goals that we should have for Special Olympics competitions, explain the different types of event and look at the fundamental questions that should be asked when you think about organising a competition.

2) Planning your Competition

In this session we look at developing a simple plan for your competition – identifying the key areas, who will have responsibility for these, why setting key dates is important and how to prepare for the unexpected.

3) Implementing your Plan

This involves an in-depth look at some of the key aspects of running a Special Olympics competition – your venue (including health and safety) and the sports competition and awards ceremonies.

4) The Aftermath

In this session we discuss how to tell if your competition's been a success or not and it is followed by Q&A and course feedback.

A brief use of our Games Management System (GMS) is also looked at in conjunction with the topic of divisioning which is one of the main things that event organisers can find hard to understand and use properly.

If in the meantime you wanted to refresh your memory on divisioning, there is a pretty good video on the internet (with some commentary from a well-known voice at head office – Andy Heffer), which you might find useful for yourself or others in your club, [click here](#).

If you would like any further information on participating in a CMT course or if you think that your club/region may benefit from attending this training please get in touch with Emily Onley for further information.