

Robert Holden

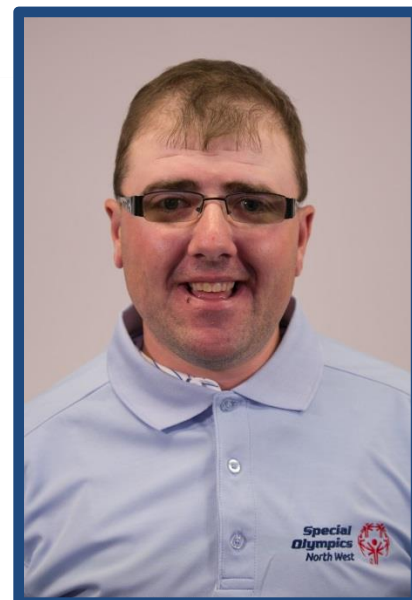
Sport	Golf
Discipline & Level	Golf (level 5) athlete
How often do you train? Where & when do you train	Everyday, at Rossendale Golf Club and I train in the daytime
What does Special Olympics mean to you?	Allowed me to compete at standards I wouldn't have been able to without the Special Olympics
How has Special Olympics changed your life?	It enabled me to go to South Korea to compete and gave me the opportunity to live independently which I had never been able to do before and also allowed me to be part of a team
What is your biggest Special Olympics dream?	To hopefully win gold in Abu Dhabi to match my skiing gold

Sporting history

What National competitions, Summer Games or International competitions have you competed in?	European games in Pila, Italy for Skiing in 2011 Bath Summer games for Golf in 2013 World Winter Games in South Korea for Skiing in 2013 Sheffield Summer Games for golf in 2017
Have you won or been nominated for any awards or accolades?	Won: Lancashire Rising Star in 2012, Rossendale Trust Rising Star in 2012, Awarded the Melvin Jones Fellowship from the Lions in 2012, Special Achievement Award from the Lancashire Telegraph in 2013 Accolades: Robert was also chosen to carry the Queen's Baton for the commonwealth games in Manchester 2002

Tell us more about you

Do you study, work or take part in any voluntary work? Let us know about what you do	I work at the local driving range (Rossendale Golf Driving Range) each morning
What other activities do you enjoy outside of Special Olympics?	Walking, socialising with members of the local sports club and swimming
Tell us something that people don't know about you?	I ran with the commonwealth baton when I was 11 and also that in South Korea I met Tim Shriver
Who is your biggest inspiration?	Seve Ballesteros



Rawtenstall

North West